



BOULDERING LA CERRA



INSELTREK

DER BLOG FÜR AKTIVES REISEN

Welcome

The agriturismo **La Cerra** is a marvellous place. Relax - hike - boulder - eat - explore. The La Sportiva guide to Gallura offers very good routes but there are many more. A few easier ones are shown in this small guidebook. Have fun and keep exploring. by INSELTREK

Bouldering can be dangerous. Always use a crash pad and a spotter. Be aware of the risks. All grades use the Fontainebleau-Scale and are only proposals.



3

2

1

Block 1 - The Dwarf

Sit start. Mini-Boulder with a tiny overhang leading to an easy mantle. Funny problem. 5a (?)
The Block can easily be overgrown by vegetation.



Block 2 - Annes Block

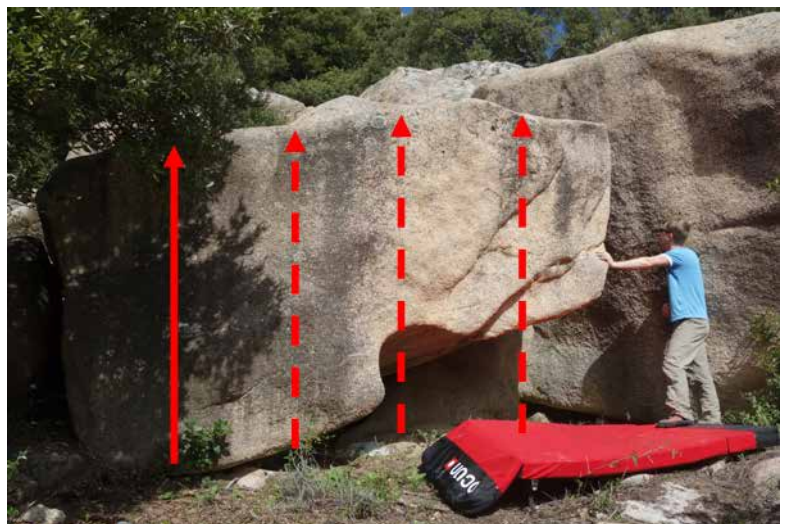
Follow the path to „somewhere“. When the path crosses a stonewall, stay on the right of the wall. The block is immediately on the right.
Two easy lines on a good rock with a relax „downclimb“. Nice moves. Don't go to far on the right. Annes favourite is line B which uses also the ledge to get up.
Hight: 3m

A: 4-5
B: 3-4



Block 3

Like Block 2 but follow the path to the left of the stonewall uphill.
Many possibilities for a jump start to a ledge/sloper and an easy mantle finish. The grade is depending on your size. From left to right it is getting more difficult
5a-6b (?)





Block 5 & 6

Block 4

Block 4

A big block near Albertos (owner) house. When reaching his house, follow the path over the meadow in the direction of Monte Pulchiana. After around 200m you reach block 4.

You need to downclimb the same route. Very scary. On top there is a lot of lichen. So take a brush with you. Perfect underground: meadow.

Hight: 5.5m

A: 5c (?)

B: 6a (?) Start on a small ledge, then follow A



Block 5

Continue after Block 4 for several minutes uphill on the dirtroad until you reach 3 beautiful blocks on the right. Sharp granite.

Hight: 4m

6a/6b slab



Block 6

Just beside block 5. Getting over the small roof is a bit tricky. The rest is easy.

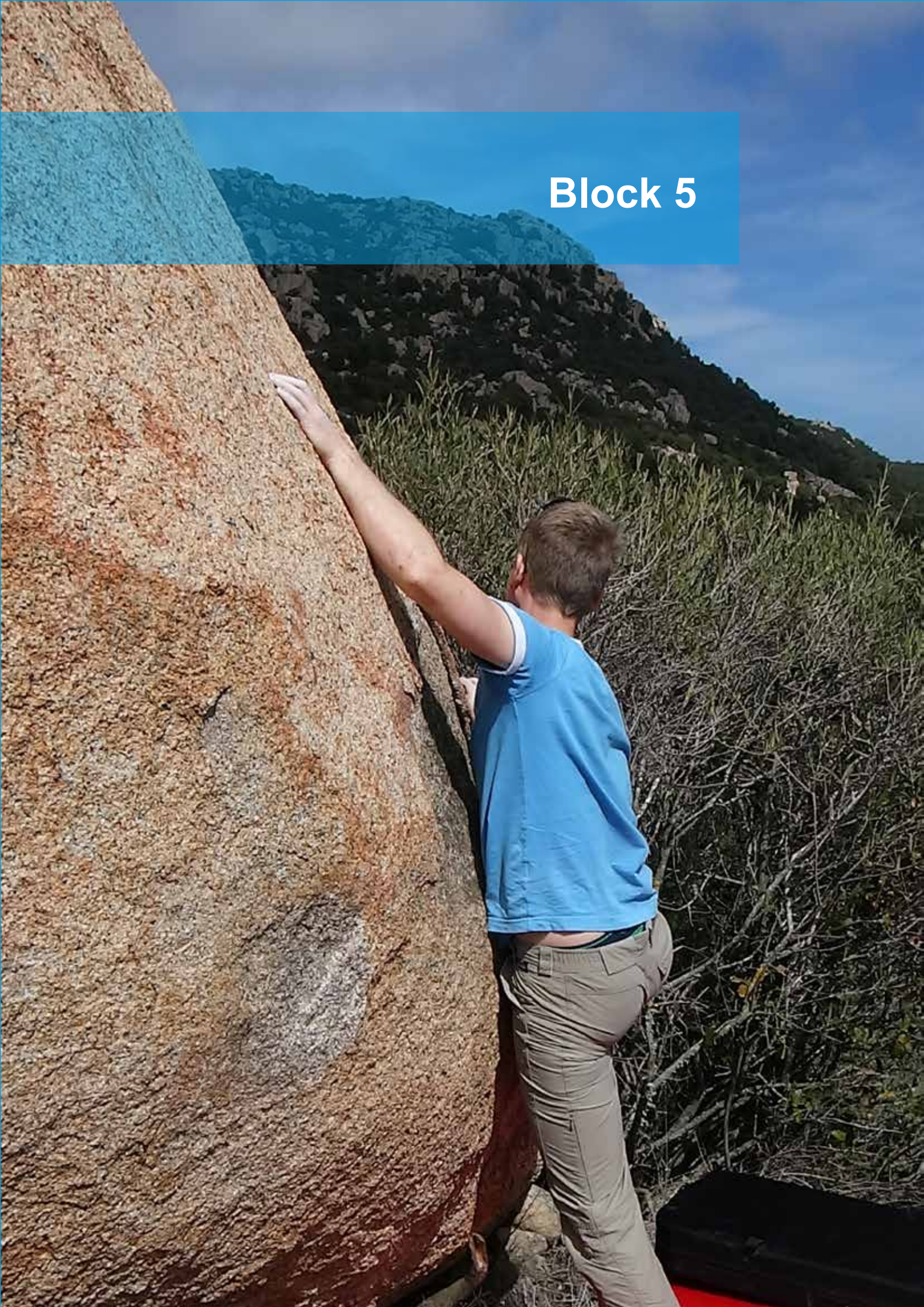
Hight: 4m

6a (?)

The three blocks offer more possible lines. Most of them are marked with an arrow. Unfortunately the rock is quite sharp.



Block 5



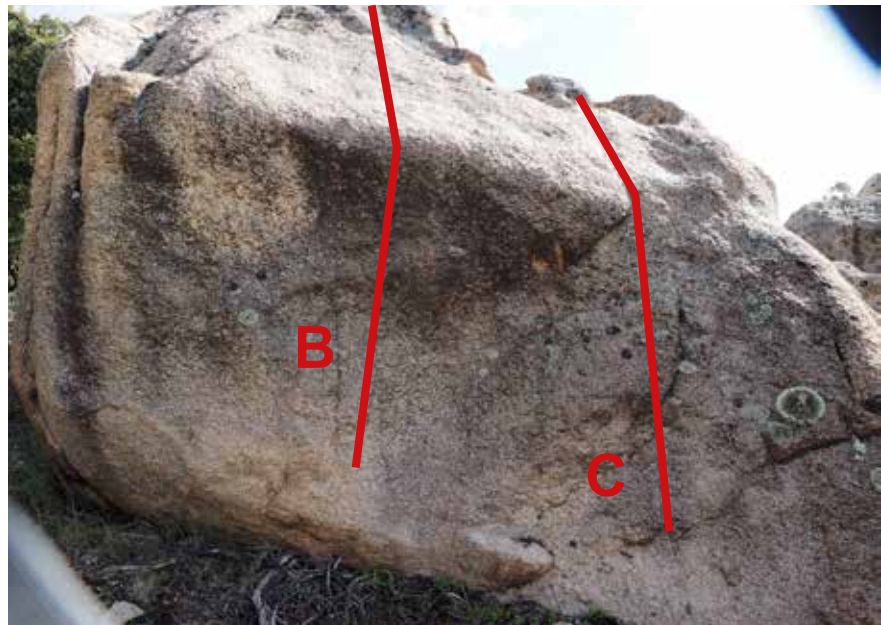
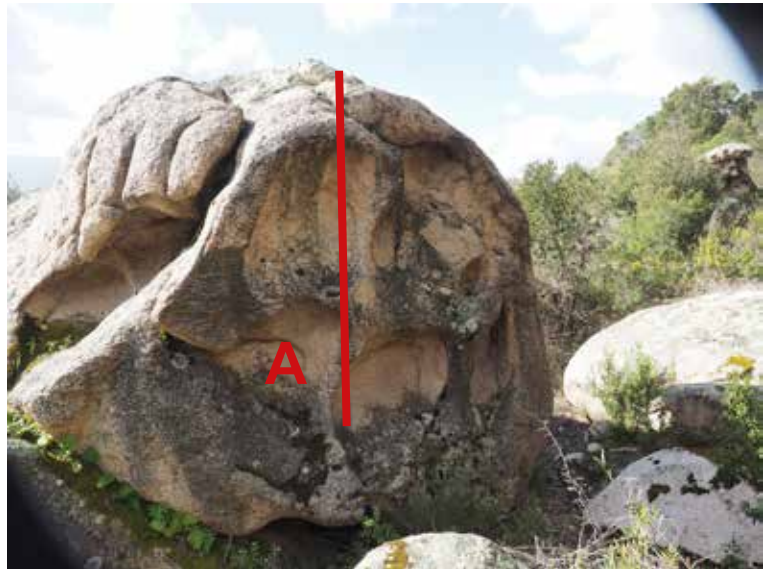
Block 7

When you reach block 3 continue the path to the left. The path is part of „conca fraicata“. A track that crosses the hill on a roundtrip. Easy block with nice views.

Hight: 2.5-4m

A: 2

B und C: not tryed yet, 4/5 (?)



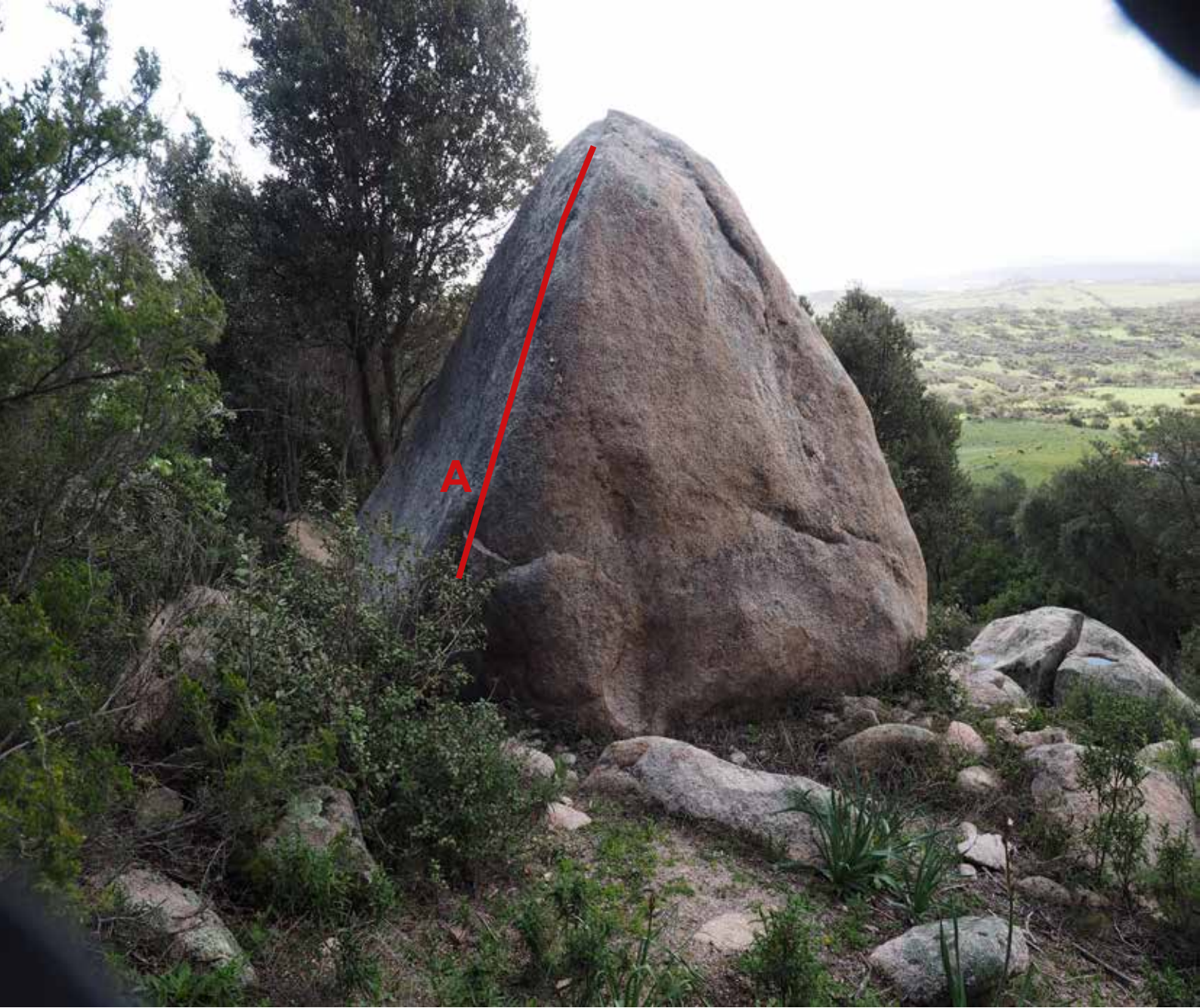
Block 8

Follow the path to the first blocks of the La Sportiva Guide (Follow the sign „boulders“). Before getting there the orange block is on the right.

Hight: 3m

I did the route a few years ago. Maybe a 5. With a sit start its a 6a...if my memory is correct :-).





Block 9

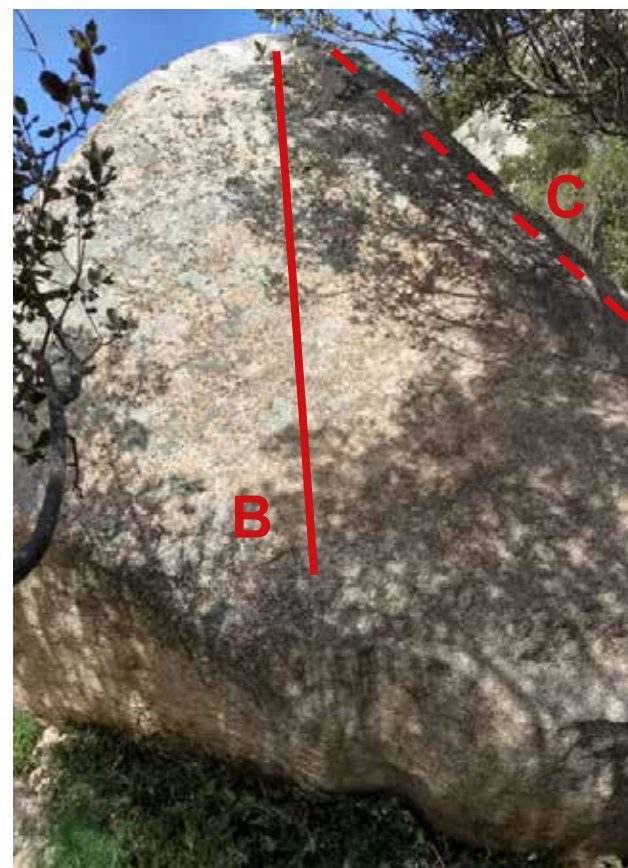
Like Block 8, you reach it when following the sign „boulders“. Also before the first blocks of the La Sportiva Guidebook. Can't be overlooked. Since this year the other sides are free from vegetation. We haven't tried the block yet. Next year.

Hight: 2,5-3,5m

A sit start. shouldn't be harder than 6a

B is a slab, 6a/6b

C is the other side. Easier slab than B and the edge can be used. Looks quite interesting.





Explore...